COWBOY
CAFE

10
MONTHLY HIGHLIGHTS

ORDER ONLINE

FORKS BREAKFAST

10.05 - 10.18

EGG IN A BASKET
fried egg in a piece of toast, bacon, brussels slaw

10.19 - 11.01

PUMPKIN FRENCH TOAST VGT CN
pumpkin batter, brioche bread, cinnamon candied pecans, syrup

ALL MONTH MAGENTA FIT

JAM-ON
cage free egg, white cheddar cheese, black forest ham, grape jam, english muffin

SWEET POTATO HASH V
harissa roasted sweet potato, cage-free over easy egg, kale, bell peppers, black beans, green onions, garlic yogurt

BREAKFAST SALAD
cage-free egg, bacon, baby spinach, toasted pumpkin seeds, blueberries, avocado, quinoa, apple cider vinaigrette

Make Your Next Meal Easier

ORDER ONLINE

Make your next meal effortless with online ordering, featuring easy menu browsing, simple customization, convenient pickup, and a faster way to enjoy your favorites.

FORKS LUNCH

10.05 - 10.18

FFT PATTY MELT
beef patty, swiss cheese, caramelized onions, FFT secret sauce, marble rye

10.19 - 11.01

ORCHARD CLUB
grilled chicken breast, smoked gouda, bacon, sliced apples, fig jam, arugula, pretzel bun

ALL MONTH MAGENTA FIT

CTA BURGER
turkey burger, corn, tomato & avocado relish on a whole wheat bun

VENTURA MARKETPLACE

10.05 - 10.18

AUTUMN CAPRESE VGT
fresh mozzarella, roasted butternut squash, caramelized onions, pepita pesto, arugula, balsamic drizzle, toasted ciabatta

10.19 - 11.01

THAT'S A SPICY MEATBALL
spicy marinara, beef meatballs, mozzarella, giardinera, toasted garlic french bread

ALL MONTH MAGENTA FIT

WRAP IT LIKE ITS HOT
spicy chicken salad, pepper jack cheese, lettuce, tomato, red onion, jalapeno tortilla

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REX RAMEN   THE GREEN BAY CHEESE COMPANY   IDAHO SPUD COMPANY   hielo FUEGO   CABAL

F F T
FOOD FOR THOUGHT

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